



EXPLORING A MAGNIFICENT RELATIONSHIP BETWEEN HOMOEOPATHY AND PSYCHOLOGY

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ABSTRACT

This article presents a comprehensive review of the current scientific literature investigating the relationship between homeopathy and psychology. Homeopathy, an alternative medical system based on the principles of "like cures like" and "law of minimum dose," has gained popularity as a complementary approach to conventional medicine. However, its effectiveness, especially in the realm of psychological conditions, remains a topic of debate and scepticism.

KEY-WORDS: *Homeopathy; Psychology; Law of Similia; Alternative Medicine; Behaviourism*

INTRODUCTION

In cutting-edge phrases, "psychology" is defined because the technological know-how of behaviour with regards to the surroundings. It consists of the take a look at of aware, subconscious and subconscious behaviour. Psychology additionally consists of the behaviour of children, the aged, the mentally sick and animals. Behaviour is simply an expression. The dynamic force from which behaviour arises should or may be the thoughts or psyche. Often it's been determined that there are parallels among the troubles of psychology and homeopathy at their primary stages. As an example, the definition "totality is an outwardly mirrored image of the inner essence of the disorder, i.e. the affection of the vital force" is as nebulous because the definition of the mind.

In each condition, we recognise that the expressions are proof of the inner reality that underlies the expression. For decades, psychology has been considered by way of the clinical profession as a "smooth science"; thrilling however not essential, working within the care profession we spend maximum of our running lives interacting with different people. Promoting fitness and properly-being is a key a part of our paintings. We're acquainted with the definition of fitness (below WHO) — "A nation of complete physical, intellectual and social properly-being and not simply the absence of ailment or illness."

Homeopathy is constantly inquisitive about figuring out the "ill". An 'unwell' who has now not only bodily signs and symptoms but also internal emotions. An 'unwell' who has hallucinations, fears, anxieties, depression, phobias and so forth. And there are such a lot of elements and reasons in the back of these kinds of internal conditions. Extra important is the person himself, who acts and reacts to those factors in a sure manner. E.g. if we communicate approximately worry and the item of fear, we will get distinctive solutions from distinct people. The kind of fear may additionally range and the

diploma of worry can also range for the equal item in specific humans.

This man or woman distinction may be very critical in homeopathic treatment. The difficulty of Psychology will take us to a depth of know-how of those man or woman differences. It acts as a light in the darkish and helps us to realize the reason of the behaviour.

Homeopathic treatment methods were stimulated by means of the so-called law of Similarity: "Similia Similibus Curanter". Homeopathy is a holistic approach to infection, primarily based on Gestalt idea; and asserts that no ailment is nearby without affecting the entire frame.

Homeopathy is based on solid legal guidelines and principles. Through the years, many non-classical perspectives have evolved, in addition to many distinct tactics. Many homeopaths developed their personal non-public approach of treatment and incorporated new ideas consisting of psychoanalysis and dream interpretation. Those are new schools of concept that insist on a mental purpose for each physical contamination. Grasp Hahnemann's classical homeopathy, based on Gestalt, does no longer automatically expect this psychosomatic dynamic, although such an etiology in unique instances wherein it's far glaring [e.g. fainting from fright or ulcers from anxiety]. It also emphasizes intellectual or emotional symptomatology in correlation with the entire range of signs and symptoms gift.

The above view can be discussed consistent with the following three components –

- Lack of familiarity and acceptance of homeopathy.
- Classic gestalt approach of homeopathy.
- Modern non-classical approach of homeopathy.

Loss of familiarity and attractiveness of homeopathy

Homeopathy is a holistic method to contamination, based on Gestalt principle; and asserts that no sickness is



neighbour-hood without affecting the complete body. It solves the reason of the disorder and strengthens the entire body to remove the disorder itself.

Homeopathy believes that all signs of illness are signs of healing of the body; here stress is important for restoring homeostasis, a health condition in the body. The body can heal itself from light or minor impurities that our body is strong enough to cope with the disease. In severe illness, Core Force is overwhelmed by illness and needs help or support in treatment. Homeopathy achieves this by demonstrating the basic stress by correcting the similarity of signs and symptoms with the basic "fact" or "direction".

Homeopathic medicine prepared by slow dilution and progression from flowers, minerals and animal products.

This problem is reached when the dilution exceeds the Avogadro number as understood in chemistry; and not a single molecule of a given substance is under training. After the emergence of science, the meaning of medicine is deeper, the level of treatment is deeper. In the homeopathic treatment of education, accident, and desire, the best thing is to absorb the energy of the medicine, work with the "healing" and use it to heal the disease. Conducting medical trials is very tough due to the individualization of homeopathic remedy. A specific case can't be duplicated due to the fact the equal continual ailment normally desires a unique drug in a one-of-a-kind man or woman.

Homeopathy continues to be controversial today because the mystery of its mechanism of movement eludes our understanding. But simply as at one factor we believe that the earth is flat, that we cannot fly or communicate at a distance via speaking, through the years all this has been triumph over by way of discoveries. The equal is now proper of what exactly occurs at the subatomic level, what are the mechanisms by way of which energy may be transferred at that stage. We realize about particle and wave transmission, however many unknown events occur at this level.

Dr. James Tyler Kent stated, "while homeopathy itself is a great technological know-how, its fact is handiest partially acknowledged. fact itself pertains to the divine and information relates to man. It's going to take a long time for medical doctors to become authentic masters of this reality."

The Modern Non-Classical Approach of homeopathy

There are new schools of thought that include new ideas like psychoanalysis, delusions, and dream interpretation, and that all physical illness is psychological.

There are homeopathic ideas that treat Gestalt in some ways, eg psychoanalysis, independent of the gestalt's knowledge process and ideas of conflict and symptoms.

Another approach is Jungian psychology, in which the patient is characterized only in the context of archetypes, the physical

body of the mind, the original data that play an important role in the process of thinking, life and behavior of each person. They arise from the collective unconscious and are directly related to people's thoughts, beliefs, mythologies, human feelings and behaviors; but also in nature and in the world in general.

In modern homeopathy, there is a tendency to reduce all symptoms to a single negative emotion, or to an insignificant or important emotion; this should be the most important of all.

"It's a ridiculous way to go, and when someone does it wrong, they're usually wrong," said Dr. David Little, because it is bad for the patient.

Specific mental symptoms and specific emotions are important in homeopathy. Our maters specifically said that the treatment should be chosen only after special attention is paid to the special psychological symptoms and special emotions experienced by the patient. The particular importance of mental symptoms rests on the assumption that the disease occurs mainly in the centre; and psychological symptoms are clear indicators of significant impact.

The word "law" refers to all the differences that occur gradually in molecular processes important to the life of the organism.

The consequences of the law reflect personal behaviour. The body of people has been shown to us with various symptoms representing various structures from the past and hereditary defects.

Thus, we know that diseases are caused by deviations from important molecular processes, some or other molecular errors. Both subjective and objective mental and physical symptoms are the result of these molecular problems.

Mind, consciousness, thoughts, feelings, understanding, thoughts, feelings, mental symptoms, etc. are functions of the physical body of the brain and nervous system. Without the brain, there would be no mental symptoms. The brain is the source of the physical symptoms of the brain. When a molecular error occurs in a biochemical channel in the body, the information is sent to the central nervous system by a combination of neurotransmitters and biomolecules participating in the neurotransmitter class.

This initiates complex biochemical processes in various parts of the central nervous system; manifests itself as symptoms and thoughts. All abnormal thoughts and abnormal psychological symptoms indicate some differences in this or that molecular mechanism in the body.

A genetic difference in biochemical processes has some immediate effect in neuro-endocrine diseases. Echoes are the true basis of many psychological and private emotions. This



process is regulated by hormones, neurotransmitters, and complex molecules called neurotransmitters.

The limbic system, which is part of the central nervous system, plays an important role. All emotions and certain symptoms of the brain and body result from a harmonious, chemical process involving the limbic and central nervous systems. Molecular errors in some biochemical pathways are affected by hearing loss and psychological symptoms before the target's symptoms. Therefore, we mistakenly believe that these diseases begin at the mental level; then enter the fuselage of the plane. All diseases begin with molecular errors at the level of the body's life processes; mental symptoms show their reflection in the chemical process of the central nervous system.

Apparently, healing also happens at the molecular level of th J. T. Kent emphasised on the symptoms of mental illness. He believes that the power of the disease affects the life force first and then the mind. He put the symptoms of mental illness first and evaluated them according to the level of thinking and feeling, and thinking was divided into will, which is thinking; desires and preferences). The second is wisdom and understanding - including curiosity, curiosity, curiosity and misunderstanding. And finally memory - it includes your own memory, speech difficulties, reading and writing errors, and more. All of these are directly related and affect mental health.

Psychology is the science that studies mental life, including its phenomena and conditions. Psychology is the study of the "how" and "why" of actions and thoughts. Just as we understand the laws that govern human physical health, we understand mental health by understanding the laws of the mind and how we respond to the world. The goal of psychology is to understand behavior in science and better adapt it to the environment so that the person can lead a good, healthy life.

Our behavior is a reaction; One response is the activity and the second response is changes in glands which in turn produces the visible tumors.

Human behavior is very complex and is influenced by many different factors. Thus, all aspects of the character can be seen from different angles. All this helps us to understand behavior because with behavior we only consider external behavior and learning process and the direct influence of external one surrounding behavioral stimuli. Another perspective is psychodynamic psychology, which focuses on the hidden, unconscious, motivations and drives, and the role of knowledge in childhood. Social psychology studies the effects of the social and social environment on human behavior.

In homeopathy, we take a holistic approach to health; it is also a concept based on the biopsychosocial model of health in psychology.

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