



# IMMUNIZATION, VACCINATION AND HOMOEOPATHY

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## ABSTRACT

*Homeoprophylaxis subject from day one remain topics of debates. This article focuses on various important issue of disease prevention and roll of homoeopathy. After emerging noval corona virus the vaccination become talk of the world and at end we came across effect and side effect of Covid- 19 vaccines. At end I have tried to give list offew homoeoprophylactic medicines for certain diseases.*

**KEYWORDS:** Vaccine, Immunization, Diets, Vaccinosis, Homoeopathic prophylactic.

The fatal tendency of mankind to leave off thinking about a thing when it is no longer doubtful, is the cause of half their errors. – John Stuart Mill (1806–1873)

## INTRODUCTION: VACCINATION

From vacca, the Latin word for cow: Inoculation of cowpox virus (orthopox vaccinia virus) with the intention of protecting against smallpox virus, also known as cowpoxing. Today the term has been used to describe many other types of inoculations: A preparation of a weakened or killed pathogen, such as a bacterium or a virus, or of a portion of the pathogen's structure that, upon administration, stimulates antibody production or humoral immunity against the pathogen.

**Immunization:** A process that induces an immune response to a specific disease by exposing the individual to a natural or laboratory derived antigen. The goal of the process is to raise antibodies to a specific antigen.

Vaccination is regarded as the most important health advance in the 20th century by most health professionals and laypeople. After pandemic **Covid-19** and its vaccination propaganda this subject becomes more important. It is noticed that young age group are met with sudden Heart attack now a days especially at their workout time. Although the dramatic decreases in morbidity and mortality from diseases that occurred in the course of the 20th century have been credited to the introduction of specific vaccines, scant acknowledgment has been given to improving social conditions. Despite questioning the safety and efficacy of vaccination by reputable medical men since its introduction, debate has been, and is, increasingly discouraged. Information published in scientific journals is used to support this position, other views being regarded as "unscientific." It was regards as vaccination is the single most useful health intervention that had ever been introduced. It was taught that vaccines were the reason children and adults stopped

dying from diseases for which there are vaccines.

Immunization issues are not black and white. Vaccination is matter of personal choice, whether Government allows or not and is there any religious or philosophical objection to vaccination? The immunization decision is a gamble: not immunizing, with the potential consequences of getting the disease, versus immunizing and facing the potential adverse consequences of receiving the vaccine.

Vaccines introduction into the body is a serious proposition. On the other hand, the likelihood of death or serious damage from these vaccine targeted diseases varies with each disease many of them involve tremendous suffering, some are permanently damaging, and some are fatal. There is a serious concern about the shift in the ecology of the population by immunologic eradication of certain diseases, which has been followed by the incidence of new illnesses, heretofore unknown.

Based on a thorough review of the literature, one can see that the decreased incidence of these serious diseases is linked to improved sanitation and hygiene as well as to the introduction of vaccinations. However, one should deeply concern about the **catastrophic rise of chronic diseases like asthma, autism, and behavioral disorders**. Much more research into the possible relationship between vaccinations and these epidemic problems needs to be done. At present, there is little data to support or reject any such association. Many vaccine investigators agree that the increase in asthma, diabetes, autism, and some autoimmune diseases is directly attributed to vaccine use in children. All vaccines are stressful for your child and are capable of producing side effects. The relative health and constitution of the child is the single most predictive factor in the likelihood of a side effect occurring.

My idea is that certain people are prone to have a big reaction with the conventional vaccination and that some will have side



effects. Therefore, my idea is, before you vaccinate, you should find out the sensitivities of the immune system and detect the children who, if vaccinated, could develop dangerous side effects.- **George Vithoulkas**.

**Pai P. N.** probably the only Homoeopath to carry out experiments in this field. He also records that children given/ Variol. before being vaccinated still developed moderate or severe reactions. He concludes: "It is a well-known fact that any sort of prophylactic, potentised or crude, falling within the incubation period of any infection often not only fails, but leads to virulent, even fatal aggravation." **J. N. Kanjilal** is not impressed with these observations and considers our remedies still effective, He gave two alternatives "It goes without saying that, the best homoeopathic prophylactic is constitutional similimum. of the individual. It is proved by experience that person strictly following the homoeopathic line in their medical measures, rarely fall victims to any epidemic disease. The next lies of defense are the similimum of a particular epidemic-the so-called Genus Epidemicus." In cases of epidemics, the best prophylactic will be the remedy (Genus Epidemicus) obtained by examining typical symptoms from the accurate observation of the first few cases For all conditions sought to be prevented, any remedy known to produce an identical condition suffices Paterson was very chary of using a prophylactic if the child had already been exposed to infection. He regarded a prophylactic given after exposure, during the period of incubation as unwise, it suppressed the disease and he would rather it came out and was treated as the disease itself.

As regards the potencies to be used, and the frequency of repetition, very little authoritative information is available. **Gibson** states: "There is no hard and fast method for the use of potencies in prevention and the length of time protection may last is, of course, difficult to estimate. One plan is to give three doses of a 30 C potency spread over a period of 24 hours, Repetition in the event of continuing danger of infection should be under the guidance of a homoeopathic physician." **Wheeler and Kenyon** write that a dose of the 30th potency of the prophylactic remedy will protect at least for a fortnight. Others advise one dose of the 30th once a week or the 200th once a fortnight till the epidemic passes; **Grimmer** considers that one dose of the 10M potency affords protection throughout an epidemic. The higher potencies seems to afford protection for longer periods as evidenced by the experiments of **Dr.**

**Paul Chavann**

One should not recommend the routine use of homeopathic remedies for any purpose. As Homeopathic prescriptions are based upon presenting symptoms. If no symptoms are present, then do not treat. Following are some points that one should recommended in his practice. I always say that I have not given any vaccine to my child but final decision is up to you.

- o Breastfeeding is the best protection you can provide for your infant. Continue for at least twelve to eighteen months if possible. The longer you breastfeed, the more benefit your child will experience. Breastfeeding prevents infections and the complications of childhood

illness. Also, don't forget that if you are breastfeeding, your baby will get a lot of immunity from you and it would be unnecessary to vaccinate quite so early in their life.

- o Vaccines have limited years of effectiveness. When considering vaccination it is important to remember that every family is different and there should no hard and fast rule applies to everyone.
- o Look at your family history and see how others have reacted to vaccinations. If there is a history of severe allergies, bowel problems, or autism, I would think very carefully before vaccinating.
- o Educate yourself about disease incidence, vaccine effectiveness, and vaccine adverse effects before you agree to any vaccinations.
- o When travel in epidemic area or probable incidence of particular disease than vaccination require. The remedies are usually given in low potency (6C or 12C) on a repeated basis during the exposure.

**Following are important points one should keep in mind.**

1. Remedy should give before and /or after each vaccination to protect them from side effects is Thuja occidentalis. Other drugs one can use are Silicea and Arnica.
2. It is noted that when children are of specific constitutional types such as Silicea, Thuja, Medorrhinum, and Stramonium, they are more susceptible to the stress of vaccination and develop symptoms consistent with their constitution. Strong consideration should be given to the prophylactic use of these remedies for these specific children at the time of vaccination. If these children are not treated prophylactically and subsequently develop symptoms, the symptoms will usually disappear after they receive their constitutional remedy.
3. The first is to give the disease in remedy form (i.e., the nosode) immediately before and after you vaccinate to ensure as much as possible that your child will suffer fewer side effects.
4. Remedies for the immediate side-effects of vaccination:
  - Aconite. Symptoms brought on by fear or trauma following the vaccination itself. The symptoms could include feverishness, sleeplessness, earache, or cold symptoms.
  - Belladonna. Fever or convulsions following a vaccination.
  - Ledum. Swelling or localized pain at the site of the injection.
5. The chosen remedy should be given in the 30C potency 3 times a day for 2--3 days depending on the severity of the reaction. As with all homeopathic remedies, the remedy should be stopped once signs of improvement are noticed
6. The best protection for both vaccinated and unvaccinated children revolves around making them as healthy and resilient as possible. Good nutrition, solid family environment, loving care, fresh air, and exercise go a long way to fostering strong children. Fear is an outmoded response to childhood infectious disease. Promote the strength of your child's immune system instead, and avoid things that can



weaken it. Keep your child's diet clean. Avoid foods that promote inflammatory reactions. Do not give your child partially hydrogenated fats, the ones contained in packaged snack foods. Read labels of prepared foods and you will find these fats in crackers, chips, cookies, and desserts. These fats promote inflammation and prevent healthy fatty acids from being incorporated into cells. Stop feeding your child fried foods. The oils are rancid. Stay away from fast food burger palaces. Supplement your child's diet with omega-3 fats in the form of fish oil supplements, cod liver oil, or Neuromins (made from algae). Avoid foods with added sugar. Stop giving your child sugared breakfast cereals, sodas, cookies, and ice cream. Corn syrup is especially difficult for the body to metabolize. Use fruit spreads instead of jam. Offer lots of fresh and dried fruits or fruit rolls. Use whole grains and whole wheat bread rather than products made with "wheat flour," which means white flour. Use organic fruits, vegetables, dairy products, and juices whenever possible, and your child will not be eating pesticides that injure the liver. Also make sure that your child gets enough exercise and fresh air which is so important for their health. Your child will really benefit from seeing a homeopath who can give a constitutional remedy which will strengthen your child's resistance to disease.

7. There is never an absolute guarantee that you will not get a disease, whatever measures you take, because there is always a possibility that you are exceptionally susceptible to a particular disease. In addition, if your immune system is already under strain, then you will be more susceptible to any disease.

8. Arnica as a blood thinner. So if you have a clot of blood, it dissolves this clot. When you have a blow and there is an extravasation of blood and there are bruises with areas that are becoming blue, it means that the blood has created a lot of clot, and then you give Arnica, and like a miracle, these clots are dissolved. Homeopathic Immunizations can be best with Nosodes as follows. Arnica is thinning the blood, it means that Arnica is contraindicated before an operation because, if anything, they will have more bleeding.- **George Vithoulkas.**

9. Homeopathic prophylactics are usually taken in the 200 or 30C potency, and should be taken 2 times a week (e.g., one dose on Monday and one dose on Thursday) for the duration of an outbreak, or 2 times a week for 3 weeks following direct exposure to the disease.

#### List of Few Homoeo Prophylactic

- Diphtheria: Pyrogenium nosode
- Measles: Morbillinum nosode
- Haemophilus influenza B: Haemophilus influenza B nosode
- Mumps: Parotidinum nosode
- Polio: Lathyrus sativa
- Rubella: Rubella nosode
- Tetanus: Ledum palustre
- Whooping Cough (Pertussis): Pertussin nosode

#### CONCLUSION

##### Advantages of Homoeopathic Prophylaxis

1. Easily administered, as it is palatable and hence widely acceptable

2. Easy dispensability and distributability ensuring maximum coverage at a very low cost.
3. No cold chain required for distribution and storage to retain the potency of the drug.
4. No bad effects or side effects to the drug.
5. Can be used across the spectrum of population, irrespective of age, gender or health status.
6. Preventives can be employed even before the actual outbreak of an epidemic.

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