



INFLUENCE OF GENERAL WELL-BEING IN RELATION TO SOCIAL SKILL AMONG SECONDARY SCHOOL STUDENTS

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ABSTRACT

The present study was conducted with the purpose to see Influence of General well-being in relation to social skill among secondary school students. The present study was conducted to a randomly selected sample of 100 secondary school students of Sonipat district in Haryana. General well-being developed by Dr. Ashok K. Kalia and standardized by Anita Deswal, 2010 and social skill developed by Dr. Vishal Sood, Dr. Arti Anand. And Suresh Kumar, 2012 tools were used for the collecting of data in the present study. The data were analyzed by employing mean, SD, t-test. The results of the study showed no significant difference and relation are found in the General well-being and social skill of boys and girls of secondary schools.

INTRODUCTION

Well-being is often described as the state of being comfortable, healthy or happy. People who enjoy high levels of well-being are described as flourishing. In this context, flourishing means that the person enjoys feelings of happiness, contentment. Tables are engaged fully with what is going on around them. Flourishing also needs functioning well in the world. The person experiences positive relationships and some control over their life and has a sense of purpose. Well-being, therefore, isn't simply the opposite of ill being. Just looking at what causes distress won't necessarily help us to identify the factors. Give rise to well-being. Many researchers in the field of worked over many years to be able to more closely define well-being, for many agree that it is a global assessment of a personal quality of life according to his or her own chosen criteria. The World Health Organization agreed that this is a broad ranging concept affected in a complex way by the person's physical health, psychological state or personal beliefs, social relationships and their relationship to features of their environment. Understanding the role of our environments and in particular our built environment, is an important area of research as we spend up to 90% of our time either inside buildings or vehicles.

Social skills are the ways in which you behave, talk and play when you're around other people. It's how good of a job you do. Having conversations, understanding people's feelings and behaving when you're in certain places. Social skills are important because they help you know what to do or say to get

along better with the kids and adults that you interact with every day. Learning to get along with others will also be very important in your life as you get older. A social cue is a clue that lets you know how someone else is feeling. This can be a person's body language. The look on their face, their tone of voice, or how close or far they stand from you. Every year sees that someone is feeling sad. For some kids, learning social skills can be really challenging because it's hard for them to understand how others are thinking or feeling. They also have a difficult time knowing what to say or how to act in different situations. Since we spend a lot of time around other people, it's always helpful to try to improve your social skills. Social skills are all about how your words and actions affect other people when you're around others, you should always think to yourself is what I'm about to say or do. You can make better social skills choices. Like using your manners or playing nicely with others. Empathy is being able to understand how someone might be thinking or feeling. We can tell how others are feeling by their social cues. Start paying attention to people's faces and body language to get a better idea of how they might feel. Using empathy helps you to better get along with others. Some kids have negative thoughts about themselves whenever they get around other people. These thoughts can keep them from wanting to interact with other kids or adults. If this happens to you, practice replacing those negative thoughts with positive ones. Doing so can help you feel more confident when you're in social situations.



REVIEW OF RELATED STUDIES

A.S. ARUL LAWARENCE, 2017. “General well-being of higher secondary students”. The investigator has selected a sample of 200 higher secondary school students who were studying 11th and 12th standards from four different schools in Cheranmadhevi Educational District, Tirunelveli by convenient sampling technique.

Minoo Daraee, Keyvan Salehi an Maryam Fakhr, 2016 “Comparison of Social Skills Between students in Ordinary and Talented Schools”. The statistical sample of the present investigation comprised female high school students in the province of Alborz, in which 200 students were selected from eight ordinary schools and 8 exceptional talent schools through cluster sampling.

JUSTIFICATION OF THE STUDY

General well-being is a positive outcome that is important and meaningful for people. Good living order are fundamental to well-being. Well-being generally includes global Judgments of life satisfaction and feeling ranging from depression to joy. Social skills are helps us to communicate each other. Social skills are help us to understand each other feelings and happily adjust in society. So, the study is more necessary for the secondary school students to understand each other's feelings and stay healthy. The study is important for their personal and professional life.

STATEMENT OF THE PROBLEM

“INFLUENCE OF GENERAL WELL-BEING OF SOCIAL SKILL OF SECONDARY SCHOOL STUDENTS”

OBJECTIVE OF THE STUDY

1. To find out the general well-being of boys and girls of secondary school students.
2. To find out the social skills of boys and girls of secondary school.
3. To study the relationship between General well-being and social skills.

HYPOTHESIS OF THE STUDY

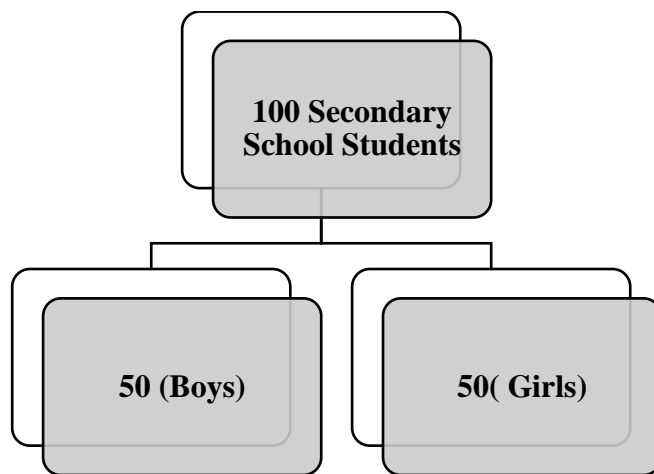
1. There will be no significant difference of General well-being of boys and girls of secondary school students.
2. There will be no significant difference of social skills of boys and girls of secondary school students.
3. There will be no significant relation of social skills and General well-being of secondary school students.

RESEARCH METHODOLOGY

- Descriptive survey method will be used in present study.

SAMPLE OF THE STUDY

In this paper sample of 100 secondary school students were selected through random sampling techniques among them 50 students were girls and 50 students were boys.



VARIABLE OF THE STUDY

- Two variables were used:
- General well being
 - Social skill

TOOL TO BE USED

- “General well-being Scale” developed by Dr. Ashok K. Kalia and standardized by Anita Deswal, 2010.
- “Social skill Scale” developed by Dr. Vishal Sood, Dr. Arti Anand and Suresh Kumar, 2012.

STATISTICAL TECHNIQUES USED

Mean, SD and T-test was used for analysis the data.



RESULT AND DISCUSSION

Objective: 1.To find out the General well-being of boys and girls of secondary school students.

Table - 1

Group of General well-being	N	MEAN	SD	T-TEST	Level of significance
Boys	50	225	25.84	0.0002	0.05
Girls	50	165.163	31.36		

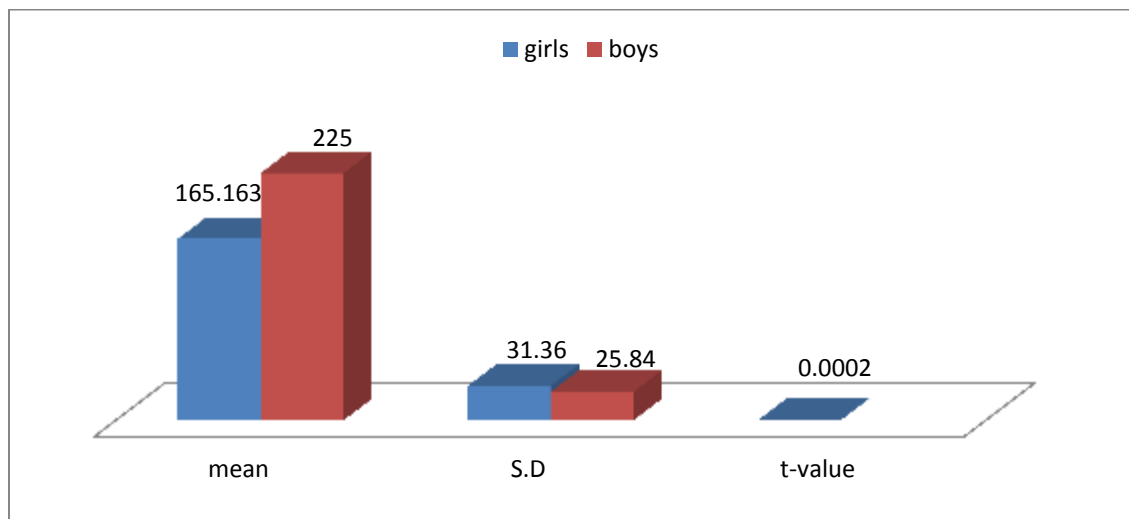


Fig. 1

Above table-1 & figure-1 indicates that, the mean score of General well-being of boys is 225. The mean score of girls is 165.163. The T-test score comes out to be 0.0002 which is

significant at 0.05 levels. So, null hypothesis “There is no significant difference in the General Well-being of boys and girls of secondary school students” is accepted.

Objective: 2 .To find out the social skill of boys and girls of secondary school students.

Table - 2

Group of Social Skill	N	MEAN	SD	T-TEST	Level of significance
Boys	50	304.86	20.14	0.0785	0.05
Girls	50	296.14	28.23		

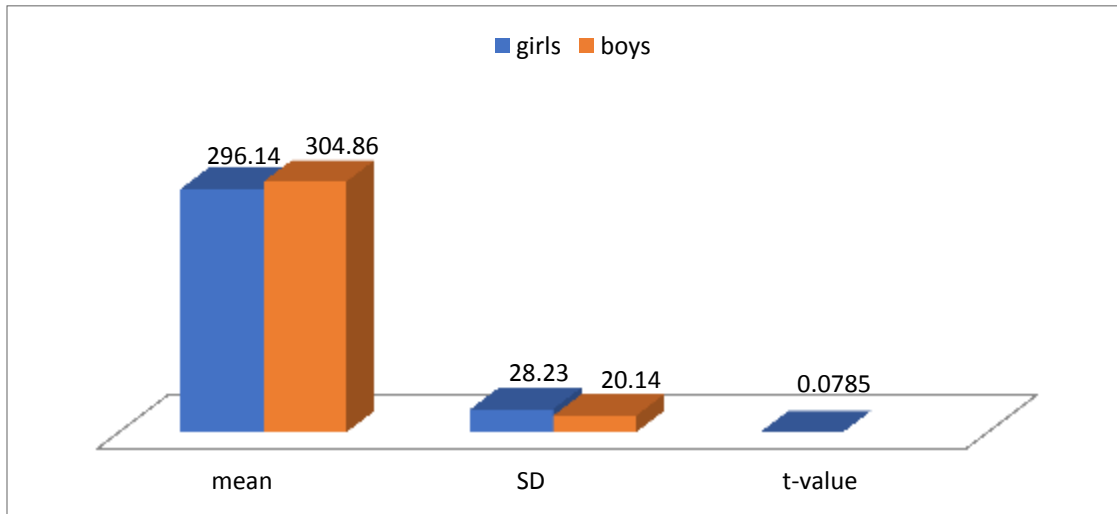


Fig. 2

Above table -2 & Fig. 2 indicates that, the mean score of Social Skill of boys is 304.86. The mean score of girls is 296.14. The T-test score comes out to be 0.0785 which is significant at 0.05

levels. So, the null hypothesis “There is no significant difference in Social skill of boys and girls of secondary school students” is accepted.

Objective: 3 To study the relationship between General well-bring and social skill.

Table - 3

Group	N	MEAN	SD	r-Value	Level of significance
General Well-Being	100	176.10	30.565	0.0038	0.05
Social Skill	100	300.5	24.794		

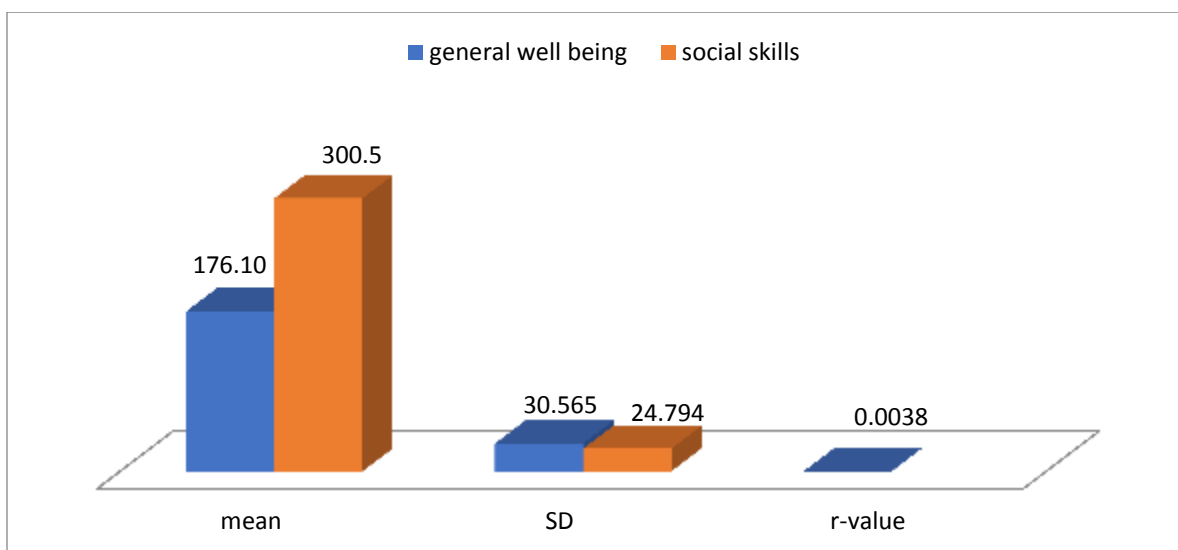


Fig. 3

Above table – 3 & Fig. 3 indicate that, the mean score of General Well-being is 176.10. The mean score of Social Skill is 300.5. The r-value score comes out to be 0.0038 which is not significant at 0.01 levels. So, the null hypothesis “There is no

significant relation of General Well-being and Social Skill of secondary school students” is accepted.



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