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# MORAL AND SPIRITUAL EDUCATION

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### **ABSTRACT**

Morality is a set of decency that is manifested in the attitude of people towards each other, towards the family, towards society. The fulfillment or non-fulfillment of moral requirements in contrast to law is determined by forms of spiritual influence. The place of a person in society is determined not by his material assets, but by his high spiritual image. Our people have a rich heritage of spirituality and culture, education and upbringing, and over the centuries have instilled in the younger generation in every way universal qualities such as humanity, patriotism, friendship, hard work, kindness, Brotherhood and humility.

The article explores the concepts of ethics and spiritual education. Also, in the formation of civil society, opinions are given on ethics and the ethics of moral education.

KEYWORDS: society, civil society, strategy, education, educational innovation, upbringing, morality, spirituality, moral upbringing, spiritual upbringing.

#### INTRODUCTION

Morality plays an important role in the development of mankind. The great thinkers of the East viewed man as one of the important factors in the development of society in order to mature morality, develop it comprehensively, form its spiritual image. Morality can change, develop, fade in a particular society and period. In addition to the specific ethics of each people or nation, there are also universal moral standards. Such moral standards have an effective effect on the overall progress of society. When it comes to human nature, of course, it is emphasized that it is a thinking, intelligent and at the same time a social being. Indeed, let us not take into account what aspects of it, the shortcomings of its qualities(except by biology), they will eventually depend on the mind, thinking, community of man. In turn, the sociability and mind, thinking of a person are inextricably interrelated and complement each other.

In every family, in every neighborhood, first of all, ensuring the health of our young people, giving them a good education, at the same time, reaching adulthood as a worthy person with high moral and ethical qualities has become an important issue from time immemorial. In the years of Independence, these tasks have risen to the level of public policy in Uzbekistan, which has made it possible to achieve high achievements in all spheres.

## **MAIN PART**

After the independence of Uzbekistan, great attention began to be paid to the problems of morality. Islamic values, Oriental rules of conduct, customs, rituals, forgotten in interpersonal relations, began to be a picture again. Our country is building a society based on private ownership, market economy. In such a system, it is natural for different classes and layers of the population to appear. There may be some kind of conflicts, disagreements between them. They are to some extent eliminated with the help of rules of conduct and Islamic values inherent in the peoples of the East and become rich with universal content. Morality and spirituality are inextricably linked.

Currently, attention is paid to the application of interactive methods, innovative technologies, pedagogical and information technologies in the educational process. Therefore, the role of modern teaching methods in the training of qualified professionals at the faculties of higher educational institutions is great. At the same time, special attention should also be paid to the formation of moral and spiritual education in students in the process of teaching. The process of such pedagogical cooperation has its own characteristics, which include not to be indifferent to the student during the lesson.

Awakening thought in the student in the educational process requires great effort and skill from the teacher. Correct thinking means creativity. Therefore, the process of teaching in pedagogy is two-sided: the sum of the educational and teaching activities of the teacher performed by the pupil. Without denying this rule, the content of modern education dictates the harmony of universal and national experiences.

Education is the process of acquiring knowledge from a pedagogical point of view, the formation of qualifications and skills, the main means of preparing a person for life and labor.



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The place of a person in society is determined not by his material assets, but by his high spiritual image. Spirituality serves as a bridge connecting ancestors to generations, the past to today, and the present to the future. It embodies the totality of good qualities, values and traditions accumulated by our ancestors, as well as the historical-social experience and all views accumulated

The life of Man and society is known to consist of three main areas. Therefore, the goal is not achieved if the upbringing is not carried out in a proportional way in all three areas. In addition, it is known that in life the spheres of economy, politics, spirituality do not occur apart, in their pure form, therefore, often in their mutual intersection, essentially complex educational directions can be formed. Due to the fact that the concept of upbringing itself belongs to the field of original spirituality, in this place we focus mainly on the issue of spiritual education, the direction of upbringing, which is aimed at forming the main aspects of personality spirituality.

Spiritual education takes place in two stages. The first stage is aimed at the formation of the main structural aspects of personality spirituality - feelings of faith, science, responsibility, affection, starting with the upbringing of faith[2]. The second stage is the reflection of spirituality in material reality, that is, it is associated with culture, and often consists of complex Educational Directions, which are formed at the intersection of spirituality and economy, spirituality and politics[3].

#### RESULTS AND DISCUSSIONS

The genesis of socio-cultural technologies in the scientific management of society is the development of science, the rise of human thinking and scientific knowledge. If we look at history, the activities of the owners of high ideas, great personalities are skillfully organized, deeply educated, not only with their morals and manners, but also with a high sense of meaning. Morality is not the same as the others, it is also the saying to respect oneself. In particular, according to our national traditions, the perfection of man can be seen first of all in his moral maturity, in his efforts to deeply study the heritage of ancestors, enrich it, show great respect to them.

It is known from the views of the wise people of our country that attitude to life, morality, justice and spiritual research are built on the philosophy of perfection in society. According to this philosophy, happiness is the only creature that must strive for happiness and goodness and live on the basis of these principles[4]. Because it has the ability to recognize, understand the existence that is different from other creatures, to stand higher than them. The rich spirituality and enlightenment, formed in the East, laid the foundation for development, which caused a sharp turn in the history of mankind in different periods, in different regions.

It should be noted that we can separately admit that young people who do not have enough knowledge, skills, life experience, who are not indifferent to their history, the identity of their ancestors, are naive, unsuspecting today fall into the trap of destructive ideas. At present, as a result of such actions in some parts of the world, one cannot ignore the great spiritual losses, the disruption of national consciousness, as well as religious values and lifestyle.

However, the ideological threat is becoming more and more new because of this, the independent Uzbekistan is now actively working on the formation of national idea and ideology, which is a unifying flag of the nation, society and state, as well as integration into the consciousness of our people[5]. Today, when we observe the radical changes that are happening in our state, today our cities and villages are becoming more and more beautiful day by day. We can also observe a number of changes in the sphere of culture, art, education, science in the regions and remote areas[6]. We can feel that the main goal of the ongoing changes is the high level of confidence and attention of our people to the future. After all, it is permissible to say that the formation and development of the national idea is a demand of modern.

From the first days of Uzbekistan's independence into the lake, a new historical period began, which brought about radical changes in the social, economic and political spheres, as well as in the spiritual, cultural, educational and ideological spheres on the way to building a legally democratic society. At the same time, based on the centuries-old traditions of our people, the humanitarian essence of Islam, our national cadres, the task of creatively using the advanced experience of developed countries, relying on the principles of development chosen by us, restoring the foundations of a free and prosperous and prosperous life, building a legal democratic state, a free civil society was set after all, it is a power - man who drives, implements and develops democracy: democracy does not only become a people's power, it is also the responsibility of every person, every community and the whole people before their country's future, their own destiny.

National self-awareness is one of the most important signs of moral perfection for everyone. After all, it is possible to become a full-fledged person only if he first realizes himself, understands his ethnicity, and inherits the material and spiritual heritage he has left. The prospect of such a nation is great if such people make up the majority of the nation[7]. At the same time, the self-conscious, intelligent, ideologically-politically awakened and united nation and nation, as in the past, were held in colonial chains, undermining their language, culture, values, plundering their wealth, abusing their rights, deprivation of independence is impossible.

Self-awareness means knowing the historical pathway of one's own nation, who his ancestors were and what they did to the country.

At the same time, any product of development can be used for two purposes - for good and for evil. If we look at the history of humanity and its evolution, we will see that there is an ancient struggle between good and evil ideas and doctrines that promote human perfection and high ideals[8].



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Today, the movement in the modern information space is so intensive, so fast that, as before, yes, it is far from us that it cannot be ignored that it has nothing to do with us. It is easy to see that such a nation or nation lags behind hundreds of years of development.

In the present context, globalization has become a powerful tool for ideological influence, serving the interests of various political forces and centers.

Today, young people receive a wide variety of information in educational institutions through radio, television, press and the Internet. The global information space is expanding. In such a situation, one-sided education of young people, telling them what to do, fencing them around with iron walls, does not meet the requirements of the time and our noble goals. After all, we are committed to building an open and free democratic society in our country, and we will never go back.

The future of our state will not be wrapped up in its own crust, but will be built on a profound understanding of universal and democratic values. The future can be achieved through the use of the experience of developed countries, the liberalization of state and public administration, the wider introduction of human rights and freedoms, and the diversity of ideas[9]. It is noteworthy that not only is it involved in information development, developing a common scientific language, but also interacting with other fields as an independent field of scientific knowledge, creating new areas of scientific knowledge - information psychology, information economics, social information.

## **CONCLUSION**

At the intersection of philosophy, informatics, cybernetics, synergetics, sociology and economics, an integrated field of scientific knowledge - information theory of social development is formed. Information is central to this theory. From the point of view of the information economy, the laws of the establishment and development of economic systems are governed by the laws of informatics. Investigation of the new role and place of the person in the information society is the main task of information development.

Therefore, it is necessary to educate young people on a healthy outlook, the priority of trust and national values, the immune system against various threats. Ideological protection is carried out through the system of education and propaganda. Social structures that serve to integrate healthy ideology into the minds and hearts of the people, family, school, neighborhood, state and public organizations also have their place in this process.

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